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Awareness Training Aimed at the Safety Of Others

by Alan D Quilley CRSP

Road workers are often at risk from careless drivers

All across the country, on our highways and byways, our fellow Canadians are working hard doing their jobs. As you read this, it's guaranteed that: a police officer is investigating a "fender bender", an emergency crew is responding to a call, a construction worker is rebuilding a section of roadway, a tow truck driver is helping a stranded motorist, or a utility crew is ensuring that we have the essentials to be safe and comfortable in our homes and offices. Anytime of the day or night, 365 days a year, we can find these fine folks in our paths as we drive to our destinations.

Every law-abiding employer of workers who do this type of work has an on-street occupational health and safety training program. I know this to be true from working with utility companies, roadway construction companies, police and fire departments. They train their staff on the all-important safety procedures to follow when working by and on roadways and highways. They have numerous signs and flashing lights to warn us to slow down. It's made clear that on-street workers need to ensure they're properly dressed in their reflective gear and that proper signage warning oncoming drivers of their presence is in place. They are also taught that they need to be alert to just how close they come to their own barricades and traffic cones.

I'll admit that since I've had the frightening experience of working on a highway while my fellow workers and citizens were speeding past me at over twice the posted reduced speed limit, I've gained a new respect for this problem. I find it incredible that some of us don't show our fellow workers more respect. Why is it that our governments must enact traffic laws threatening to double the fines when we are passing these construction, utility and emergency crews who are, for the most part, there to ultimately make our lives easier and safer?

So last week as I drove through yet another construction zone, as I passed the "Construction Ahead", "Reduce Speed - 50 km/hr." and "Fines Doubled" signs, I wondered to myself why weren't most of my fellow drivers slowing down as I had? Was it that they didn't see the signs? Not likely since the size of the sign alone ensured that you'd have to be blind not to see them. I wondered if it was that they

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couldn't read? Not likely since even if you can't read you need to pass a driver's test on symbols before we give you a license. I wondered why the professional truck driver who passed me and the guy in the delivery van with a company logo proudly painted on the side of the door didn't recognize how much others' safety depends on them following the rules.

Sure, I'll also admit that I get a bit frustrated when my usual route is disrupted and I'm told to "slow down" by those flashing lights or those bright orange signs telling me that there is something happening ahead on the road. We need to rise above this feeling of frustration to realize that since we have to share the road during these times of emergency and construction, the safety of these fine folks logically becomes our shared responsibility.

Since it's a shared responsibility, we can all do our part to educate our employees and ourselves that, even if you don't work on a roadway, how you drive affects others. So, at your next safety meeting, when you are wondering if you should pull out your worn and tattered "Camping Safety" talk for the fourth summer in a row, think about teaching your employees that the part they play in making others safe on our roads is extremely important. That your employees arriving home or to their appointment on time is not more important than their fellow Canadian's safety.

I'm going to assume that the majority of the readers are NOT on-street workers, so here's what I call On-Street Safety 101. Please consider discussing this at your next safety meeting. It could make a difference.

The facts:

- Each year Canadian workers are injured and killed while they work on or by our roadways;
- When we choose to speed through their protected work zones, we significantly increase their risk of being injured or killed;
- If you don't want to slow down because it's the law, at least slow down because our fellow workers are all someone's father, mother, son, daughter, brother or sister;

- Don't become overly frustrated by barricades and flashing lights. Ask yourself which is more important...their safety or your schedule?
- If you are on the road that's being repaired or built then you are benefiting by those workers' efforts...so treat them with respect...SLOW DOWN

There are some great resources available on the Internet about the safety of those who have to work on or by our roadways. If you want to spice up your safety talks, just do a search for on-road construction.

So, next time you slow down at an on-road construction site or while you pass an emergency vehicle, or a flag person, take the time to congratulate yourselves for doing your part in getting those folks home safely. You may even want to smile and wave as you make eye contact with them. You see, safety is personal.

Alan D. Quilley CRSP (1954-2021) was a distinguished safety professional whose career spanned over 4 decades in the field of OH&S. As a CRSP, published author, and highly successful consultant and trainer, Alan made invaluable contributions to the OH&S community. His insightful articles and teachings remain relevant today. In honor of his legacy, I will periodically include Alan's past writings in this newsletter, as they contain timeless wisdom and guidance that continue to benefit us all. Though he is no longer with us, Alan's passion for safety lives on through his enduring words and teachings.



BCRSP-CPD Mandatory Ethics Course April 1/24

Our next Ethics course commences April 1/24. Registration is open until April 6/24. The course concludes April 30/24.

This comprehensive and thought-provoking course, designed specifically for the BCRSP by Safety Results Ltd, ensures to enlighten and challenge a CRSP's thinking of ethics in their professional practice. This course will take approximately 3.5 hours to work through. Professionally presented, with individual feedback provided by our facilitators, Marie Quilley and Greg McInnes, as well as an in-course quiz and an end of the course submitted assignment, makes this course your only choice.

To register for the course, please click [here](#).

BCRSP CRSP Exam Blueprint 2025

The current BCRSP CRSP EXAM Blueprint was implemented in 2020. Historically, Blueprints are updated every 5 years; the next version will apply to exams commencing February 2025.

As a result, the existing study materials are only applicable for the June and October 2024 exams. Due to this limited scope, the pricing of these prep materials has been reduced. Those purchasing study material and/or registering for coaching will be contacted in advance to confirm their understanding that the materials reflect the current Blueprint only.

The actual date of when the new Blueprint will be released is unknown at this time.

To purchase study material or register for Virtual Coaching, please click [here](#).



Compliments for our CRSP/CRST Study material and Virtual Coaching

"I am grateful to Safety Results for creating the CRSTx study materials, manual and practice exams alike. The manual guided my studying and the practice exams helped me to find my knowledge gaps and where I needed to study more. I focused my studying on what was in the manual, and it paid off as I have received confirmation that I successfully wrote the exam".

"For anyone out there sitting on the fence and not yet committed to taking the course, I would highly recommend it! Personally I came away with many insights that are going to benefit my career, never mind the examination. I am making my way through the excellent study material that I received and am a smarter practitioner for having access to that material. Light bulbs going off daily not only re "the right reference material to study", but getting concepts..."

"I have passed the CRSP exam! The BCRSP has mailed out results and results are available online. Thank you for putting together a thoughtful and valuable study material. I am waiting to receive the formal results through mail".

"I just wanted to circle back to thank you for your assistance in preparing for the CRSP exam. I'm thrilled to report that I have passed and am now awaiting board approval".

What are you waiting for?

Testimonials from our valued clients serve to reinforce that along with their own hard work, our study material/coaching packages and process, prove without a doubt that WE have the right formula. Visit our [website!](#)

CRSP AND CRST VIRTUAL COACHING EXAMINATION PREPARATION

As it has always been our commitment to help candidates with their studies for both the [CRSPEX](#) and the [CRSTEX](#), we are continuing our Virtual Coaching Packages. These packages are currently available to those that are writing the 2020 Blueprint CRSPEX and the 2024 Blueprint CRSTEX.

We will provide all of the material (shipped at our cost within Canada only). We are also delighted to offer generous discounts to current members in good standing of the CSSE and WOHSS (not combinable). For more information on those discounts, please contact [Marie](#).

This virtual package includes 6 hours of personal coaching with Greg McInnes CRSP (NP) (CRSP held from 1994-2023). The hours are broken down however you wish. There will be homework assignments between the calls. Calls are individualized and held via phone or Zoom Video Conference, your choice. CRSP Virtual Coaching packages are valid only for exams being written in 2024. CRST Virtual Coaching packages must be used within 6 months of purchase.

“It’s really important to know who is trying to teach you something”. - Alan D Quilley CRSP

Who is your Coach?

Greg McInnes is our instructor and can teach you how to effectively study to help you succeed in your journey to certification. He is a respected leader in OH&S, having over 3 decades of experience in various OH&S management positions (civic government, healthcare, aerospace, oil and gas and utilities). Greg has also been on the Board of Governors for the BCRSP, served as Chair of their Professional Conduct Committee and held positions with the CSSE at local, provincial and national levels.

He is a retired CRSP who consults to industry helping them create and implement their Health and Safety program. Greg has developed and instructed adult OHS education programs at the University of Alberta and has co-instructed at NAIT along with instructing OHS courses for varying companies. With all his experience, and sharing our techniques to help you focus your studies, why look elsewhere? When selecting your mentor, take the time to research who other providers are. We believe that they simply won’t measure up with us in terms of quality, experience and teaching style.

“There are no hard questions if you know the answers”. - Alan D Quilley CRSP

CRSP Virtual Coaching Package

Inclusions:

- Study material (material shipped at our cost within Canada only) based on the 2020 CRSP Examination Blueprint
- 6 hours personal coaching with Greg McInnes
- CRSP Exam Prep Study Manual
- CRSP Exam Prep Knowledge Gap Analysis Questions & Answers Workbook
- Handbook (offered only with the Virtual Coaching Package)
- \$899.00 + tax

CRST Virtual Coaching Package

Inclusions:

- Study material (material shipped at our cost within Canada only) based on the 2024 CRST Examination Blueprint
- 6 hours personal coaching with Greg McInnes
- CRST Exam Prep Study Manual
- CRST Exam Prep Knowledge Gap Analysis Questions & Answers Workbook
- Handbook (offered only with the Virtual Coaching Package)
- \$899.00 + tax

If you wish to purchase only study material

(CRSP Study Manual and Workbook or CRST Study Manual and Workbook)

please visit our website:

[CRSP Study Material](#) or [CRST Study Material](#)