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#### Legends of Safety - OHS Hall of Fame

Alan D. Quilley's remarkable contributions to occupational health and safety, continue to be recognized, even after his passing in April 2021.

In September 2023, OHS Canada posthumously inducted Alan into their prestigious OHS Hall of Fame. A fitting tribute to his immense impact in this field. Editor Todd Humber contacted me for input for an article that appeared in OHS Canada magazine. For additional input, he also posted via LinkedIn, asking for commentary about Alan's impact and legacy. His post was then shared by the BCRSP.

As Alan's widow, I was deeply moved by the kindness and respect shown towards my husband. He left behind a legacy of empowering safety professionals through his books, training sessions, newsletter articles, and dedication to mentoring CRSP/CRST candidates and safety professionals. Though some of his written works are now sold out, I'm committed to making these acclaimed books available as ebooks. Alan's words will live on. While I still struggle with grief, keeping Alan's work and memory alive gives me purpose. I'm honoured to carry on his mission of bettering workplace safety, furthering the mission Alan held so dear.

Alan's influence was profound, though he was likely unaware of the extent to which his work resonated. There's comfort in knowing his wisdom will continue guiding safety professionals for years to come. I'm incredibly proud of the difference he made in countless lives. He gave so much to the field and deserves full recognition.

OHS Canada magazine article link is [here](#).



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## **A Brave New Technological World of Safety Communication**

**Article by Alan D Quilley CRSP (held from 1985-2021)**

I'm not sure how you are dealing with the new and exciting world of social networking, blogs, tweets, apps, eBooks and podcasts. I'm personally trying to embrace them all as possibilities to enhance my communication with my clients and friends. It's indeed a confusing time when trying to learn multiple approaches to communication that simply weren't there a few years ago. As an example, I've been writing my column for Canadian Occupational Safety for many years. I've recently decided to retire my column with the magazine and focus my efforts on my blog and newsletters. I'm currently working on my fourth book which will be my first in an eBook format. To add to the newness of my adventure as a writer this is the first column that's actually being written using a voice to text software (Dragon Speak). My learning curve indeed is steep as I become more comfortable with processes and changes in my behaviour that need to happen to make this efficient and functional for me to write blog postings, tweets, columns, e-mails and books.

As I explore these many new technologies, I have to wonder just how these new processes and abilities to communicate with workers (in ways that weren't possible in the past) will impact the safety management approaches in our near future. What will be the impact of employers tweeting safety messages to their employees and contractors. Will it be a positive addition to our arsenal of communication approaches we've historically used? How useful will interactive blogs be to improving communication with our workers about critical safety issues? Will the old adage "build it and they will come" ring true?

### **Multigenerational Audience**

In a multiple generational workforce of several technologically competent levels of proficiency, how will we make our communication accessible, compelling, effective and efficient? Will the 65 year old and the 18 year old both receive the same messages in the same ways?

These questions are more than philosophical in nature; they NEED to be answered and answered quickly. At this moment we are holding safety meetings with multiple generations. Are we asking them what the best ways to communicate with them is? If not, we're missing a golden opportunity. The best way to communicate with anyone is to ask them. In my book "How to Hold GREAT Safety Meetings - These meetings don't suck anymore! ©" I suggest that the best meetings to hold are those that the participants design themselves. In my opinion, to do it any other way will guarantee your meetings will fall short of your desired result and outcome expectations.

### **The Rate & Volume of Change**

It's been said that change is not new, it's the RATE of change that seems to be ever increasing. YouTube tells us that there are approximately 500 hours of YouTube videos loaded by users EVERY MINUTE. How in the world are we to keep up with the latest information? In fact, that's not the only challenge. How are we to sort through all of that data and find the valid and important data? These are questions that I certainly don't have the answers for, but they are important questions to ask, and important questions to consider when reading what we do read on the internet.

For those of our newsletter subscribers who also "follow" my exploits on LinkedIn you know already that I don't often shy away from interesting debates. I highly suggest that we should all challenge our thinking and test our opinions through lively debate. As professionals, we are expected to stay on the edge of current thinking and knowledge. How in the world can



we do that without exposing ourselves to “today’s” conversations? What is current is not only interesting but also vital to our development. Standing still is NOT an option.

There is, of course, a silver lining to every dark cloud. As WRONG as the internet can be, it can also provide amazing factual detail which a very few years ago was frustrating to find and often not available at all. Pre-internet, I spent most of my lunch hours in public libraries looking for books that were usually on loan to someone else. Frustrating to the max. Those who are old enough to remember the early days of the internet (pre-Netscape), we were stuck searching using Archies, Veronicas, Jugheads and Gophers, requiring you to know/guess the name of the file you were looking for without the aid of anything but your imagination. So although the internet “waters” are often murky...I do appreciate the clarity provided at times.

In addition, I have found great support in selecting some very fine safety professionals around the world to link to. My newly found and cultivated colleagues in Florida, New Mexico, Australia, Norway and Finland are just the tip of the iceberg for me. I highly recommend that we all link to others in other cultures and work environments to test your thinking. If indeed you have the right answer to your challenges, these should be supported by what others think is possible and plausible. If not, perhaps you need to reflect more on your approach and decisions.

So don’t become overwhelmed by the challenge. Decide how you are going to face these ever-changing challenges and embrace the technology. The learning curve will always be steep but it’s a challenge that is not optional. It’s essential!

*Alan D. Quilley (1954-2021) was a distinguished safety professional whose career spanned over 4 decades in the field of OH&S. As a CRSP, published author, and highly successful consultant and trainer, Alan made invaluable contributions to the OH&S community. His insightful articles and teachings remain relevant today. In honor of his legacy, I will periodically include Alan's past writings in this newsletter, as they contain timeless wisdom and guidance that continue to benefit us all. Though he is no longer with us, Alan's passion for safety lives on through his enduring words and teachings.*

## **BCRSP-CPD Mandatory Ethics Course Online - January 2/24**

This course takes approximately 3.5 hours to complete.

Registration for the January 2/24 course are open until January 7/24 and the course concludes January 31/24. This comprehensive and thought-provoking course, designed specifically for, and approved by the BCRSP by Alan Quilley, (who was a CRSP for 35+ years), is ensured to enlighten and challenge a CRSP and CRST’s thinking of ethics in their professional practice.

For more information and to register, please click [here](#).

## **Compliments for our CRSP/CRST Study material and Virtual Coaching**

“I wanted to say thank you. I purchased the books to study for the CRSPEX and thought I would let you know that I passed the exam. Your prep coaching, encouragement, and all the wonderful material served me well in passing my exam”.

*“I am happy to tell you that I received my results today and I passed the CRSP. Thank you so much!”*

“First attempt at the exam - successful.”

*Thank-you for providing such outstanding prep material. I passed on my first attempt.”*

“If you are looking for CRSP prep, Safety Results is the best choice; they provide you with the course materials that help organize and maximize your study time preparing you to take the exam. I highly recommend using Safety Results; worth every penny!

*“Just wanted to let you know I successfully completed my exam on the 1st try back in October. The coaching was great for identifying where to focus my time to improve my knowledge overall and specifically to be successful at completing the BCRSP exam.”*

## **What are you waiting for?**

Testimonials from our valued clients serve to reinforce that along with their own hard work, our study material/coaching packages and process, prove without a doubt that WE have the right formula. Visit our [website!](#)

## CRSP AND CRST VIRTUAL COACHING EXAMINATION PREPARATION

As it has always been our commitment to help candidates with their studies for both the [CRSPEX](#) and the [CRSTEX](#), we are continuing our Virtual Coaching Packages. These packages are currently available to those that are writing the 2020 Blueprint CRSPEX and the 2024 Blueprint CRSTEX.

We will provide all of the material (shipped at our cost within Canada only). We are also delighted to offer generous discounts to current members in good standing of the CSSE and WOHSS (not combinable). For more information on those discounts, please contact [Marie](#).

This virtual package includes 6 hours of personal coaching with Greg McInnes CRSP. The hours are broken down however you wish. There will be homework assignments between the calls. Calls are individualized and held via phone or Zoom Video Conference, your choice. Packages must be used within 6 months of purchase. The expiry date will change when new Blueprints are announced.

“It’s really important to know who is trying to teach you something”. - Alan D Quilley CRSP

### Who is your Coach?

Greg McInnes CRSP is our instructor and can teach you how to study to help you in being successful in your journey to certification. He is a respected leader in OH&S, having over 30 years’ experience in the field in OH&S management positions (civic government, healthcare, aerospace, oil and gas and utilities). Greg has also been a member of the Board of Governors for BCRSP and held positions with CSSE at both the local, provincial and national levels.

He is a working CRSP who consults to industry helping them create and implement their Health and Safety program. Greg has developed and instructed adult OHS education programs at the University of Alberta and has co-instructed at NAIT along with instructing OHS courses for varying companies. With all his experience, and sharing our techniques to help you focus your studies, why look elsewhere? When selecting your mentor, take the time to research who other providers are. We believe that they simply won’t measure up with us in terms of quality, experience and teaching style.

“There are no hard questions if you know the answers”. - Alan D Quilley CRSP

### CRSP Virtual Coaching Package

Inclusions:

- Study material (material shipped at our cost within Canada only) based on the 2020 CRSP Examination Blueprint
- 6 hours personal coaching with Greg McInnes
- CRSP Exam Prep Study Manual
- CRSP Exam Prep Knowledge Gap Analysis Questions & Answers Workbook
- Handbook (offered only to those taking part in this Virtual Coaching Package)
- \$899.00 + tax

### CRST Virtual Coaching Package

Inclusions:

- Study material (material shipped at our cost within Canada only) based on the 2024 CRST Examination Blueprint
- 6 hours personal coaching with Greg McInnes
- CRST Exam Prep Study Manual
- CRST Exam Prep Knowledge Gap Analysis Questions & Answers Workbook
- Handbook (offered only to those taking part in this Virtual Coaching Package)
- \$899.00 + tax

**If you wish to purchase only study material**

**(CRSP Study Manual and Workbook or CRST Study Manual and Workbook)**

**please visit our website:**

**[CRSP Study Material](#) or [CRST Study Material](#)**