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How To Improve Your Golf Game - Make the Hole Bigger!

by Alan D Quilley CRSP

How Do You Improve Your Golf Game?



Make the Hole BIGGER!



There are very few sure things in life. However, there are ways to increase your chances of success when the outcome is not assured. In the game of golf, where you hit a very tiny ball with a variety of clubs across a very large field, trying to get it into a small little cup embedded into the ground, there are many chances of failure. If you've ever played the game you know exactly what I'm talking about. If you haven't...don't try this at home!

You can do a lot of things that will make it more likely that you'll get the tiny ball in the small cup in as few hits as possible (those who know the game call these strokes...I think that's because if it takes you too many strokes to get the ball in the hole, you will have a stroke).

Contact Us!

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If you ask a golf pro what they do, they will tell you that they:

- Have very good tools (clubs, balls, shoes and a very trendy outfit with a nice hat with an endorsement sponsor logo on it)
- Practice hitting balls with those expensive clubs
- Keep in shape through exercise
- Eat right and get enough sleep
- Get coaching

It's actually a very intense process. The other way they could improve their game is to simply make the hole bigger!

There is no single thing that we could do to decrease the number of strokes it takes to get that tiny golf ball in the cup, except to make the hole bigger. Now, I know that doesn't ensure that every golfer will get a better score. So, it isn't a sure thing, but we have certainly increased our chances.

Golf is not unlike managing our safety programs; we need to do a lot of activities to get safety to happen. We can, of course, increase our chances of success by making our goal easier to attain. In safety, there are some common things that we can do to make it more likely that we will hit our goals of safety and therefore reduce the change of injuries and illness.

So, don't forget to engineer your places of work to increase the chances you'll meet your goals. Giving your employees the right equipment, the proper anchor points to attach to, and the proper tools won't guarantee that safety will be the outcome, but it sure increases the chances!

FORE!

Alan D. Quilley (1954-2021) was a distinguished leader in occupational health and safety, with a career spanning over forty years. As a CRSP, published author, and skilled consultant and trainer, he made significant contributions to the OH&S community. His impactful writings and educational initiatives continue to resonate today. In honour of his legacy, I will feature some of Alan's published works in this newsletter, as they offer timeless insights and guidance that remain beneficial to us all. Although he is no longer with us, Alan's commitment to safety lives on through his enduring words and teachings.

BCRSP - CPD Online Mandatory Ethics Course - August 3/26

Our next Ethics course, approved by the BCRSP and in conjunction with Lambton College, commences August 3/26. Registration is open until August 7/26. The course concludes August 31/26.

To register for the course, please click [here](#).

Kudos for our CRSP and CRST Virtual Coaching & Study Material

"Taking the coaching was instrumental in my passing of this exam as it gave me a structure to work with and not be overwhelmed by the information that has to be covered. Without guidance on how to prep for the exam, I would have gone down many rabbit holes that would have taken away valuable study time that would be better utilized in other areas of the material. Thank you very much for the assistance and I will recommend this to anyone who is planning on writing the exam".

"The study material was extremely well organized, which was greatly appreciated! I think you have done an excellent job putting together for candidates who are looking to write the exam and really helpful. I will definitely recommend to others".

"I enjoyed taking your course as it showed my weak areas and helped me to hone in on the areas I needed to focus. Your books were my guide and helped me to organize my thoughts and study notes. I truly don't think I could have done it without your study material as a guide".

"I wrote and I passed. The learning from the coaching contributed to re-defining my strategic approach in preparing for the exam. Thanks!"

What are you waiting for?

Testimonials from our valued clients serve to reinforce that along with their own hard work, our study material/coaching packages and process, prove without a doubt that WE have the right formula. Visit the [website](#) or contact [Marie](#) for more details!

CRSP AND CRST VIRTUAL COACHING EXAMINATION PREPARATION

As it has always been our commitment to help candidates with their studies for both the [CRSPEX](#) and the [CRSTEX](#), we offer Virtual Coaching Packages. These packages are available to those that are writing the 2025 Blueprint CRSPEX or the 2024 Blueprint CRSTEX. We will provide all of the material (shipped at our cost within Canada only). We are delighted to extend discounts to active members in good standing of WOHSS or the HSPC (not combinable and proof of current membership is required). For more information, please contact [Marie](#).

This virtual package includes 6 hours of personal coaching with Cherlyn Hudson CRSP. The hours are broken down however you wish. Calls are individualized and held via phone or Zoom Video Conference, your choice. Virtual Coaching packages must be used within 6 months of purchase.

"It's really important to know who is trying to teach you something". - Alan D Quilley CRSP

Who is your Coach?

Cherlyn Hudson CRSP is a seasoned Health, Safety, and Environment (HSE) professional with nearly 30 years of experience spanning construction, utilities, oil and gas, and defense sectors. After obtaining her HSE Certificate from NAIT, she progressed through HSE positions with companies such as TransAlta Corporation and Raytheon Canada, ultimately establishing her own firm, SkyView Safety Consulting Corp., in 2016.

In 2021, Cherlyn participated in one of our Virtual Coaching packages. She earned her CRSP designation, which acknowledges her extensive technical knowledge and dedication to excellence in workplace safety. She currently leads a team that provides practical and compliant safety solutions to over a dozen clients, leveraging her comprehensive understanding of OHS legislation, strong leadership skills, mentorship, and a collaborative approach to foster enduring safety cultures.

Cherlyn's extensive experience and her previous engagement with our Virtual Coaching Package make her an ideal candidate for this role. Her expertise in sharing Safety Results' techniques will effectively guide your studies. Choosing a mentor is a significant decision, and it is crucial to assess their qualifications carefully.

When comparing different providers, focus on their experience, teaching methodologies, and alignment with your learning goals to ensure a well-informed decision. We are confident that no other provider can match our quality, experience, and instructional approach.

CRSP Virtual Coaching Package

Inclusions:

- Study material (material shipped at our cost within Canada only) based on the 2025 CRSP Examination Blueprint
- 6 hours personal coaching with
- CRSP Exam Prep Study Manual
- CRSP Exam Prep Knowledge Gap Analysis Questions & Answers Workbook
- Handbook (offered only with the Virtual Coaching Package)

CRST Virtual Coaching Package

Inclusions:

- Study material (material shipped at our cost within Canada only) based on the 2024 CRST Examination Blueprint
- 6 hours personal coaching
- CRST Exam Prep Study Manual
- CRST Exam Prep Knowledge Gap Analysis Questions & Answers Workbook
- Handbook (offered only with the Virtual Coaching Package)

If you wish to purchase only study material

(CRSP Study Manual and Workbook or CRST Study Manual and Workbook)

please visit our website:

[CRSP Study Material](#) or [CRST Study Material](#)